

SUMMER MEALS! ALL KIDS EAT FREE!

No paperwork necessary. Must be 18 or under for free meals.



**Monday - Friday,
July 8th – Aug 2nd**

**ADULT BREAKFAST - \$2.00
ADULT LUNCH - \$4.00**

Monday, July 8	Tuesday, July 9	Wednesday, July 10	Thursday, July 11	Friday, July 12
<p>Choice of One Chicken Tenders w/ Dinner Roll Sandwich of the Day Bagel w/ Cheese Sticks PBJ Sandwich</p> <p>Meal Includes Fruit of the Day Vegetable of the Day</p> <p>Choice of Milk</p>	<p>Choice of One Mozzarella Cheese Sticks w/ Sauce Sandwich of the Day Bagel w/ Cheese Sticks PBJ Sandwich</p> <p>Meal Includes Fruit of the Day Vegetable of the Day</p> <p>Choice of Milk</p>	<p>Choice of One Hamburger on a Bun Cheese optional Sandwich of the Day Bagel w/ Cheese Sticks PBJ Sandwich</p> <p>Meal Includes Fruit of the Day Vegetable of the Day</p> <p>Choice of Milk</p>	<p>Choice of One Beef & Cheese Nachos</p> <p>Sandwich of the Day Bagel w/ Cheese Sticks PBJ Sandwich</p> <p>Meal Includes Fruit of the Day Vegetable of the Day</p> <p>Choice of Milk</p>	<p>Choice of One Pizza Day!</p> <p>Sandwich of the Day Bagel w/ Cheese Sticks PBJ Sandwich</p> <p>Meal Includes Fruit of the Day Vegetable of the Day</p> <p>Choice of Milk</p>
Monday, July 15	Tuesday, July 16	Wednesday, July 17	Thursday, July 18	Friday, July 19
<p>Choice of One Mini Pancakes w/ Sausage Patties Sandwich of the Day Bagel w/ Cheese Sticks PBJ Sandwich</p> <p>Meal Includes Fruit of the Day Vegetable of the Day</p> <p>Choice of Milk</p>	<p>Choice of One Chicken Patty Sandwich</p> <p>Sandwich of the Day Bagel w/ Cheese Sticks PBJ Sandwich</p> <p>Meal Includes Fruit of the Day Vegetable of the Day</p> <p>Choice of Milk</p>	<p>Choice of One Meatball Sub</p> <p>Sandwich of the Day Bagel w/ Cheese Sticks PBJ Sandwich</p> <p>Meal Includes Fruit of the Day Vegetable of the Day</p> <p>Choice of Milk</p>	<p>Choice of One BBQ Chicken Wrap</p> <p>Sandwich of the Day Bagel w/ Cheese Sticks PBJ Sandwich</p> <p>Meal Includes Fruit of the Day Vegetable of the Day</p> <p>Choice of Milk</p>	<p>Choice of One Pizza Day!</p> <p>Sandwich of the Day Bagel w/ Cheese Sticks PBJ Sandwich</p> <p>Meal Includes Fruit of the Day Vegetable of the Day</p> <p>Choice of Milk</p>

**FOR LUNCH,
CHOOSE AT LEAST
3 ITEMS
TOTAL
FROM AT LEAST 3
DIFFERENT GROUPS**

GATES RECREATION SUMMER MEALS PROGRAM

We're here to serve you and your family delicious lunches all summer long! Convenient, healthy, FREE meals every summer weekday!

Monday, July 22

Choice of One

Chicken Fajitas

Sandwich of the Day
Bagel w/ Cheese Sticks
PBj Sandwich

Meal Includes

Fruit of the Day
Vegetable of the Day

Choice of Milk

Tuesday, July 23

Choice of One

Macaroni & Cheese
w/ Dinner Roll

Sandwich of the Day
Bagel w/ Cheese Sticks
PBj Sandwich

Meal Includes

Fruit of the Day
Vegetable of the Day

Choice of Milk

Wednesday, July 24

Choice of One

Hot Dog on a Bun

Sandwich of the Day
Bagel w/ Cheese Sticks
PBj Sandwich

Meal Includes

Fruit of the Day
Vegetable of the Day

Choice of Milk

Thursday, July 25

Choice of One

Popcorn Chicken
w/ Biscuit

Sandwich of the Day
Bagel w/ Cheese Sticks
PBj Sandwich

Meal Includes

Fruit of the Day
Vegetable of the Day

Choice of Milk

Friday, July 26

Choice of One

Fiestada Pizza

Sandwich of the Day
Bagel w/ Cheese Sticks
PBj Sandwich

Meal Includes

Fruit of the Day
Vegetable of the Day

Choice of Milk

Monday, July 29

Choice of One

Chicken Tenders
w/ Dinner Roll

Sandwich of the Day
Bagel w/ Cheese Sticks
PBj Sandwich

Meal Includes

Fruit of the Day
Vegetable of the Day

Choice of Milk

Tuesday, July 30

Choice of One

Mozzarella Cheese Sticks
w/ Sauce

Sandwich of the Day
Bagel w/ Cheese Sticks
PBj Sandwich

Meal Includes

Fruit of the Day
Vegetable of the Day

Choice of Milk

Wednesday, July 31

Choice of One

Hamburger on a Bun
Cheese optional

Sandwich of the Day
Bagel w/ Cheese Sticks
PBj Sandwich

Meal Includes

Fruit of the Day
Vegetable of the Day

Choice of Milk

Thursday, August 1

Choice of One

Beef & Cheese Nachos

Sandwich of the Day
Bagel w/ Cheese Sticks
PBj Sandwich

Meal Includes

Fruit of the Day
Vegetable of the Day

Choice of Milk

Friday, August 2

Choice of One

Pizza Day!

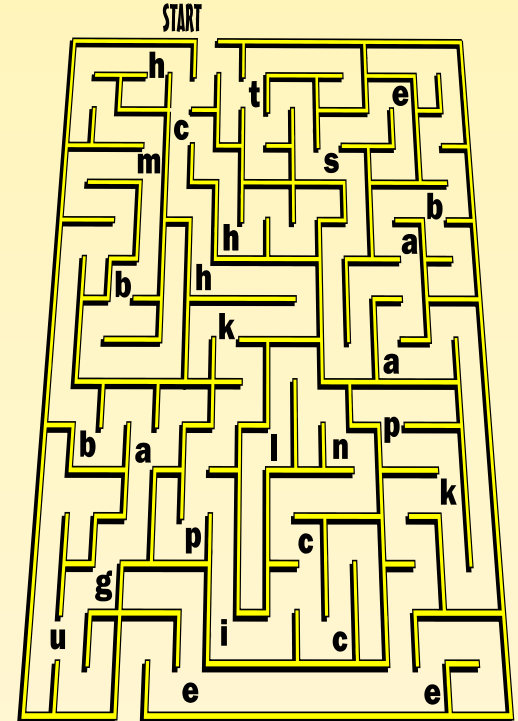
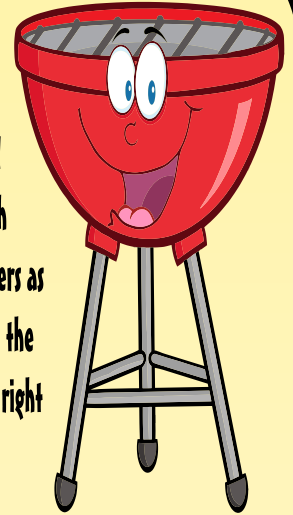
Sandwich of the Day
Bagel w/ Cheese Sticks
PBj Sandwich

Meal Includes

Fruit of the Day
Vegetable of the Day

Choice of Milk

What's the #1 favorite grilled food in America? To find out, trace a path through the maze, collecting letters as you go. Then, rearrange the letters you found on the right path to get the answer!



ANSWER: